

***Promote your product in the
Australian wilderness***

Leah Scott

Hi,

I'm Leah, an accredited Snowy Mountains guide, certified Wim Hof Method Instructor, breathwork specialist, extreme cold tolerance practitioner & mother of two.

During the year, you'll find me, ice axe in hand, neck deep in the icy waters of the Thredbo River, or hiking through the snow gums of the backcountry in shorts and a t-shirt, as part of my daily cold exposure ritual.

This powerful practice has helped me conquer my own battle against stress, anxiety & depression and my mission is now to help other people improve their health & wellbeing, using the tools of breathwork, cold exposure & nature therapy.

I'm even more fortunate that I get to teach others, right here in my backyard of the incredible Snowy Mountains region of NSW, Australia.

If you think your brand aligns with mine and you want to see your products featured in the pristine alpine snow or the iciest river in Australia, let's connect.

You can find current and past partnerships on my website or visit my social channels to see what I'm up to.

I look forward to hearing from you.

Leah Scott

“There aren’t many ladies in the country who will flaunt a bikini in the snow for you!”



Products I love (& have worked with)

- *Australian Made & Sustainable*
 - *Swimwear & Swim Accessories*
 - *Athletic Wear & Performance Gear*
 - *Socks, Layers & Winter Accessories*
 - *Anything to do with Biohacking*
 - *Health Supplements*
- (Adaptogens, Mushroom Blends etc.)*

I also have a passion for helping those struggling with their mental health, or the youth, so I’m incredibly open to working with services that support these communities.

For all business partnership enquiries please email me: contact@leahscott.net